



BSD#7 LRSP Strategic Objective ACTION PLAN:

4.03 CI Safety & Wellness 2012-13

Strategic Objective (SO): 4.03 Promote safety and wellness for students and staff to support responsible, healthy choices.

Topic of Strategic Objective (SO) e.g., Math, PEAKS, etc.: General C&I

Leader: Deputy Superintendent, Prevention Coord.

Team Members: District Wellness Committee

Action Plan Projected Completion Date: 2014-15

Evaluation Plan: *Describe steps you will take to determine if you have reached this strategic objective.*

Action Steps are measurable based on deliverables.

Annual report to the Superintendent and the School Board.

Best Practice Investigation: *What information is uncovered looking at best practice in relation to this strategic objective.*

Action Steps What actions will be taken to achieve this SO? Include what staff may need to learn to accomplish this SO.	Who Who will be responsible for what actions?	Timeframe What is a realistic timeframe for each action?
<p>Ongoing</p> <p>Screen-Free Week participation.</p> <p>Position statement about healthy snacks for parties/birthday celebrations.</p> <p>Restriction of energy drinks – K-12.</p> <p>Solicitation of new members.</p> <p>Continue to support Healthier US Challenge at interested schools.</p> <p>Coordinate with Health Department for all public health issues.</p> <p>Employee vaccinations.</p> <p>District student health/dental screenings.</p> <p>Farm to School Program.</p> <p>Safe Routes to School.</p> <p>Encourage of Health Habits program at schools.</p> <p>1) Health Education/Nutrition Education</p> <p>1. District nurse, upon request, will conduct health presentations to various school groups.</p> <p>2. Provide cyber-safety information to parents.</p> <p>2) Communicating School Wellness</p> <p>1. Continue implementation of wellness webpage – www.bsd7.org/Wellness and or other type of social medial and update regularly by having it as a standing agenda item for each Wellness Advisory meeting.</p> <p>2. Submit educational newsletter articles to schools and post on Wellness page. Use Healthteacher.com parent newsletters.</p>	<p>1.1 District Nurse</p> <p>1.2 Deputy Supt.</p> <p>2.1 Rick Gale, WAC Members</p> <p>2.2 Rick Gale</p>	<p>These action steps will all take place during the 2012-12 and 2013-14 School Years, with the exception of 1(1) and 4(2), which are dependent on volunteers.</p>

<p>3. Make presentations to PACS and other groups</p> <p>4. Promote families eating together. Investigate possible programs that the WAC could support.</p> <p>3) Food Service/Nutrition</p> <ul style="list-style-type: none"> -Implement new USDA food and nutrition rules. -Supply health food (low-fat and organic) vending machines and investigate how we can expand the healthy vending machine program. -Provide education to parent and student groups regarding snack carts. -utilize FCS group to pursue nutrition education. -Based on funding, institute a fresh fruit and vegetable education program at qualifying schools. <p>4) Increase physical activity throughout the instructional day outside of Health Enhancement class through best practices in instruction, SRTS.</p> <p>1. Investigate/implement Fuel Up to Play 60</p> <p>5) Curriculum</p> <p>1. Expand implementation of Health Teacher.com.</p> <p>2. Implement cyber-safety curriculum.</p> <p>6) Driver Safety</p> <p>Seek funding to promote safe driving habits to K-12 students.</p> <p>7) Mental Wellness/A TOD Issues</p> <ul style="list-style-type: none"> -Analyze data/conduct needs assessment (use district discipline data, YRBS information). -Hold follow-up discussions related to Bob Stutman's visit. <p>8) Health/District Nursing</p> <p>1. Continue to seek grant funding.</p> <p>2. Increase the # of staff trained in CPR and First Aid.</p> <p>3. Increase parent education about required immunizations.</p> <p>4. Increase nursing staff, based on budget and create appropriate model.</p> <p>5. Investigate a different delivery of vision screening.</p> <p>6. Convene pertussis readiness committee.</p>	<p>2.3 WAC Members</p> <p>2.4 Katie Bark</p> <p>3. Food Services Director</p> <p>4. Principals, Deputy Supt.</p> <p>4.1 Randy Russell, Amanda Diehl</p> <p>5.1 Randy Russell, Curr. Director</p> <p>5.2 Principals</p> <p>6. Deputy Supt.</p> <p>7. Deputy Supt., Student Assistance Coord., District Foundations Committee</p> <p>8. District Nurse</p> <p>8.1 Deputy Supt., District Nurse</p> <p>8.2 District Nurse</p> <p>8.3 District Nurse</p> <p>8.4 Deputy Supt. District Nurse</p> <p>8.5 District Nurse</p> <p>8.6 Deputy Supt.</p>	
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Progress expected by the end of the year: Progress on Action Items 1 – 8.